

OP-22.16, "DEATH ROW"

SCDC POLICY/PROCEDURE

NUMBER: OP-22.16

TITLE: DEATH ROW

ISSUE DATE: JUNE26, 2014

RESPONSIBLE AUTHORITY: DIVISION OF OPERATIONS

OPERATIONS MANUAL: OPERATIONS

SUPERSEDES: OP-22.16 (AUGUST 1, 2007); (JANUARY 1, 2002)

RELEVANT SCDC FORMS/SUPPLIES: 2-2, 18-39, 19-7A, 19-7B, 19-11, 19-20, 19-30, 19-85, 19-127, 20-18, M-14, ATTACHMENT A

ACA/CAC STANDARDS: 4-4249, 4-4256 through 4-4272, 4-4273, 4-4284 through 4-4288, 4-4290, 4-4292 through 4-4294, 3-4336, 3-4343, 3-4345, 3-4348, 3-4349

STATE/FEDERAL STATUTES: NONE.

PURPOSE: To provide guidelines for the management of inmates assigned to the Agency's Death Row Unit at Lieber Correctional Institution.

POLICY STATEMENT: To promote safety and security, inmates assigned to the Death Row Unit at Lieber Correctional Institution will be housed in an area that is separate and independent from all other areas where other SCDC inmates are assigned. The Agency will ensure that any inmate assigned to the SCDC's Death Row Unit has been legally committed to Death Row. Death Row inmates will be afforded privileges/access to programs consistent with their level assignment and security requirements. The Agency will ensure that the management of the Death Row Unit is in compliance with applicable state and federal statutes, American Correctional Association Standards, and SCDC policies/procedures.

NOTE: THESE PROCEDURES APPLY ONLY TO MALE INMATES ON DEATH ROW AT LIEBER CORRECTIONAL INSTITUTION. FEMALE DEATH ROW INMATES WILL BE ASSIGNED TO A HOUSING AREA WITHIN THE SPECIAL MANAGEMENT UNIT AT CAMILLE GRIFFIN GRAHAM CORRECTIONAL INSTITUTION (CGGCI). IF A FEMALE IS ASSIGNED TO DEATH ROW AT CAMILLE GRIFFIN GRAHAM CORRECTIONAL INSTITUTION, INSTITUTIONAL SPECIFIC PROCEDURES FOR THIS INMATE WILL BE DEVELOPED BY THE WARDEN OF CGGCI IN CONSULTATION WITH THE

DEPUTY DIRECTOR OF OPERATIONS AND, AFTER PROPER STAFFING AND APPROVAL BY THE AGENCY DIRECTOR, WILL BE PUBLISHED AS A SUPPLEMENT TO THIS POLICY/PROCEDURE.

TABLE OF CONTENTS

1. Responsibilities
2. Assignment of Inmates to Levels
3. Death Row Unit
4. Orientation for Newly Received Death Row Inmates
5. Intake
6. Immediate Medical Care Requirement
7. Institutional Classification Committee (ICC)
8. Confinement Procedures
9. Recreation
10. Visitation
11. Religion
12. Meals
13. Canteen
14. Property
15. Window Closure
16. Showering
17. Earned Work Credits (EWCs)/Incentive Pay/Earned Educational Credits (EECs)

18. Classification Services
19. Laundry Services
20. Restraints
21. Correspondence
22. In-cell Programs
23. Telephone Privileges/Calls
24. Hygiene Supplies
25. Medical
26. Library/Law Library Access
27. Management and Security Measures Procedures
28. Death Row Security Staff Duties
29. Damage, Destruction, and/or Misuse of Property
30. Suicide Blanket Restriction
31. Alternative Meal Service (Nutri-loaf Meal)
32. Inmate Grievance Procedures
33. Staff Training and Assignment
34. Definitions

SPECIFIC PROCEDURES:

1. **RESPONSIBILITIES:** The Deputy Director of Operations and the Warden at Lieber Correctional Institution will ensure compliance with this policy/procedure. (4-4249)

2. ASSIGNMENT OF INMATES TO LEVELS: Death Row inmates will be assigned to Level I, II, or III based upon their behavior/classification status. Most inmates on Death Row will be assigned to Levels II or III.

2.1 Level I - Inmates assigned to Level I include all those who have been placed in execution status. Inmates assigned to Level I require the strictest degree of custody and control. An inmate may also be assigned to Level I on Death Row if he has:

2.1.1 High escape or violence potential or serious disciplinary or management problems (included are those inmates with a history of escape, in-prison assault, gang affiliation, introduction of contraband, conspiracy to commit crimes, weapons possession and/or manufacturing, and history of medical and psychiatric problems);

2.1.2 A threat to the physical safety of other inmates or staff due to assaultive behavior (included are inmates identified and confirmed as being members of a disruptive group);

2.1.3 A refusal to comply with SCDC Policy/Procedure OP-22.13, "Inmate Grooming Standards;"

2.1.4 A need for protective custody/mental health status; or

2.1.5 Been placed on PHD and will remain on Level 1 status in the Lockup area until a change in level status by the Institutional Classification Committee.

2.2 Level I - Additional Information for Inmates on Execution Status: The following will be applicable for all Death Row inmates who are placed on execution status:

2.2.1 The inmate placed on execution status will be housed in a specific location of the B-Wing on the Death Row Unit.

2.2.2 The inmate placed on execution status will not be allowed to associate with other inmates at anytime while in execution status. Separate visiting hours will be established for these inmates.

2.2.3 Inmates placed on execution status will not be allowed out of the cell at the same time as other Death Row inmates.

2.3 Level II - Inmates assigned to Level II include those who have been involved in an incident or have received a disciplinary charge which warrants placement in a more restrictive level.

2.4 Level III - Inmates assigned to Level III include those who have maintained good behavior, demonstrated a positive attitude, and adhered to SCDC policies/procedures. Inmates in Level III are allowed more privileges than inmates in Levels I and II.

3. DEATH ROW UNIT: The U-1 housing unit will be utilized for Death Row inmates at Lieber. Death sentenced inmates will be separated from those in Security Detention as well as from inmates in the general population for the purpose of maintaining the safety, security, and order of the facility.

4. ORIENTATION FOR NEWLY RECEIVED DEATH ROW INMATES: Inmates will receive an Inmate Orientation Package which provides information regarding procedures in the Death Row Unit within five (5) working days of arrival at Lieber. This will include information on applicable SCDC policies/procedures, inmate grievances and procedures, programs and services, inmate correspondence privileges, and inmate visiting privileges. This orientation will be documented on SCDC Form 18-69, "Inmate Orientation." (4-4284, 4-4285, 4-4287, 4-4288)

5. INTAKE:

5.1 The inmate's commitment orders will be reviewed at Lieber and faxed to Central Records. Central Records staff will review the commitment orders to ensure that the inmate is legally committed to Death Row at Lieber. The inmate will be processed within one (1) day of arrival. Lieber staff will allow/assist the inmate in contacting his family or next of kin to advise them of his admission. Lieber staff will also obtain the following information: (4-4285, 4-4286)

5.1.1 Inmate's full name;

5.1.2 Date received;

5.1.3 SCDC (Death Row) number; (4-4285)

5.1.4 County of conviction;

5.1.5 Date of birth;

5.1.6 Race;

5.1.7 Information on current offense (include information pertaining to drugs, alcohol, or sex if involved in offense);

5.1.8 Any prior SCDC incarcerations and ID number;

5.1.9 Any prior SCDC offenses (include information pertaining to drugs, alcohol, or sex if involved in offense);

5.1.10 Any other state or federal incarcerations and offenses; (4-4286)

5.1.11 Any escapes on record;

5.1.12 Any possible gang tattoos (contact the gang intelligence officer if tattoo is identified as gang related); and

5.1.13 Personal data and information to be used for the inmates visiting list and correspondence. (4-4285)

5.2 Lieber staff will interview the inmate to obtain the following information:

5.2.1 Legal aspects of the case;

5.2.2 Social history;

5.2.3 Occupational experience and interests;

5.2.4 Educational experience and interests;

5.2.5 Vocational training;

5.2.6 Recreational preference (including a needs assessment);

5.2.7 Psychological evaluation; and

5.2.8 Pre-institutional assessment information. (4-4286)

5.3 Evaluation Period:

5.3.1 Each inmate will be thoroughly searched for contraband as per SCDC Policy/Procedure OP-22.19, "Searches of Inmates."

5.3.2 Each inmate will be evaluated by Medical staff, to include a mental health evaluation upon arrival. (4-4285, 3-4343)

5.3.3 Each inmate will be placed in a suicide blanket during the mental health evaluation period.

5.4 Each inmate's property and money will be processed in accordance with established SCDC Policy/Procedure OP-22.03, "Authorized Inmate Property and Unauthorized Property Disposition." Unauthorized property must be sent home or donated to charity within 30 days. See Procedure 14., below, for more information regarding authorized property for inmates on Death Row. (4-4285, 4-4291, 4-4294)

5.5 Each inmate will be afforded hair care and a shower, if necessary. (4-4285)

5.6 Each inmate will be photographed for an Identification Card which will be issued to him. Each inmate will also be fingerprinted and his vital statistics will be recorded. (4-4285)

5.7 A separate color-coded card will be completed for each inmate and affixed to his cell door. The color-coded card will indicate the inmate's assigned level, as follows:

- Level I - Gray

- Level II - Goldenrod

- Level III - Salmon.

6. IMMEDIATE MEDICAL CARE REQUIREMENT:

6.1 Each inmate will be interviewed using SCDC Supply M-14, "Medical Screen," to determine if he requires immediate medical/mental health care in compliance with SCDC Policy/Procedure HS-18.13, "Health Screening and Exams." Inmates who require immediate medical or mental health care will be referred to the appropriate health services staff for evaluation and treatment. (4-4285, 4-4286, 3-4343)

6.2 Inmate prescriptions and all medication (prescribed and over the counter) received prior to arrival at Lieber will be given to the medical staff. As soon as possible, the medical staff will review all prescriptions and medications and confer with an institutional physician to approve continuation of these medications. (4-4261)

6.3 Medical personnel will conduct a history and physical on the inmate within three (3) days of admission. This history/physical will include a thorough physical exam, a mental health assessment, and a sexually transmitted disease screening. Medical personnel will document this information in the inmates medical record and/or Automated Medical Record (AMR). (See SCDC policies and procedures regarding mental health services and SCDC Policy/Procedure HS-18.13, "Health Screening and Exams," for more information.) (4-4285, 4-4286, 3-4345, 3-4373,)

6.4 Mental Health:

6.4.1 All Death Row inmates will be assessed by a qualified mental health professional. This assessment will be documented in the inmates medical record and/or Automated Medical Record (AMR). (See SCDC policies and procedures regarding mental health for more information.)

6.4.2 After the first month, Death Row inmates will be assessed at least once every three (3) months by a mental health professional. This assessment will be documented in the inmates medical record and/or AMR.

If the inmate appears to need mental health attention between such assessments, the institutional staff will notify medical and a referral will be made from medical to mental health staff. (4-4256)

6.4.3 Mental health professionals will develop and implement mental health treatment for inmates as appropriate. (3-4349)

7. INSTITUTIONAL CLASSIFICATION COMMITTEE (ICC):

7.1 Procedures as outlined in SCDC Policy/Procedure OP-21.04, "SCDC Inmate Classification Plan," will be strictly adhered to and enforced as they pertain to the Death Row Unit at Lieber. The ICC will be composed as follows:

7.1.1 Chaired by a security representative other than the official responsible for the inmate's placement in custody reduction (For purposes of these procedures, "security representative" will be either the Warden, the Associate Warden, a Deputy Warden, or the Major);

7.1.2 Qualified medical or mental health care professional (available to the ICC as needed/required). A Mental Health Care Professional (MHCP) must attend any ICC in which an inmate with a mental health classification is being reviewed. In the absence of a MHCP, for compelling reasons, a member of the medical staff will attend.

7.1.3 Classification representative (one Classification Case Manager or Caseworker I assigned to the Death Row Unit); and

7.1.4 Other security/non-security staff members within the Death Row Unit.

7.2 The ICC will be responsible for scheduling systematic reviews of the inmates assigned to Death Row, to include:

7.2.1 30/90/Annual review and possible change in level designation;

7.2.2 Suicide blanket restriction;

7.2.3 Property restriction;

7.2.4 Nutri-loaf restriction; and

7.2.5 Single man recreation/group.

7.3 Review Procedures for Death Row Inmates:

7.3.1 Newly received Death Row inmates will be reviewed by the ICC within 48 hours of arrival for their initial custody level assignment. New arrivals will be classified as Level I.

7.3.2 Inmates will be given written notice to appear before the ICC generally within 48 hours (excluding weekends and holidays) of the committee hearings. Inmates will be afforded the opportunity to waive their appearance at the hearings.

7.3.3 Level I - Inmates assigned to Level I will be reviewed every 30 days for behavior change and as needed for status change.

7.3.4 Level II - Inmates assigned to Level II will be reviewed for a possible change in level status every 90 days following their initial placement in Level II.

7.3.5 Level III - Inmates assigned to Level III will have an annual status review once per year, unless a change occurs (i.e., disciplinary, court decision, or another event) that would affect status.

7.3.6 Annual assessment review of status will be conducted by the ICC on all inmates on Death Row status.

7.3.7 The ICC will be required to document its review. The initial, 30, and 90 day level reviews will be documented on SCDC Form 19-30, "Special Management Institutional Classification Review," and will be filed in the inmates Institutional Record. The annual review will be documented on the CLASSP and on the SCDC Form 18-68, "Staff Memorandum" in the institutional record. The inmate can waive his/her right to appear at the classification hearing by completing SCDC Form 18-39, "Classification Waiver." In extenuating circumstances, if the inmates behavior and conduct are considered to constitute a security risk, the Warden may allow the ICC to conduct this hearing without the presence of the inmate. In such cases, the reasons for this decision must be documented by the Warden in a memorandum with a copy filed in the inmates institutional record and supporting documentation (disciplinaries, etc.) must be referenced. (NOTE: A majority vote of the ICC members will carry. A committee consists of three [3] members, to include the chairperson. However, if compelling reasons prevent the third member from attending or being polled telephonically, then two [2] members will suffice for a quorum. A unanimous vote will be necessary in any findings of a two [2] member committee. If a split decision should occur, the decision will be delayed until the third member can be contacted and polled.)

7.3.8 Record keeping - An institutional record will be maintained on each Death Row inmate by the Institutional Records Manager. Documentation will be filed in the inmates institutional file which will be maintained in the Institutional Records Office or other area designated by the Warden.

7.3.9 All mental health and medical review/screening notes will be maintained in the inmate's medical record.

7.3.10 See SCDC Policy/Procedure OP-21.04 for information regarding procedures to be followed when a Death Row inmate's death sentence is overturned.

8. CONFINEMENT PROCEDURES: Inmates confined to the Death Row Unit will be placed in segregation in accordance with prescribed confinement procedures relating to the level of segregation required.

Immediate action will be taken if the inmate appears to be suicidal. (See SCDC policies/procedures related to inmate suicide prevention and intervention for more information.) The ICC may also determine any special conditions or restrictions which should be imposed on Death Row inmates for security purposes.

These special conditions include, but will not be limited to:

- Level of segregation;

- Recreation/exercise precautions (single/group);

- Personal property restrictions;

- Known assault risks;

- Known enemies (by name and SCDC number);

- Disruptive group (gang) affiliations;

- Restraining requirements (for movement);

- Physical health conditions;

- Mental health conditions;

- Special diet requirements (medical and/or religious);

- Medication requirements; and

- Any other special circumstances related to the inmate's segregation. (4-4286)

9. RECREATION:

9.1 Schedule: Death Row inmates in any category of segregation will be allowed out-of-cell recreation privileges (indoor/outdoor) five (5) days a week, to exclude weekends and holidays, at least one (1) hour per day, weather permitting, unless safety and security reasons dictate otherwise. (NOTE: All Death Row inmates will be strip-searched before and strip-searched after recreation, prior to returning to their cell.) The following will apply:

9.1.1 Level I: Level I Death Row inmates will retain their restraints while they are secured within the individualized recreation area. (Only one [1] inmate at a time may be recreated in these areas.) The only exception may be those inmates in execution status or in protective custody.

9.1.2 Level II: Inmates will have general recreation with other Level II and Level III inmates. Only one (1) inmate will be allowed in recreation area.

9.1.3 Level III: Inmates will have general recreation with other Level II and Level III inmates. Recreation procedures will be the same as Level II. (4-4270)

9.2 On those days that out-of-cell recreation privileges will be provided, security staff will contact each inmate to determine if he wishes to participate in recreation. The inmates decision will be recorded on SCDC Form 19-7A, " Cell Check Log." If the inmate elects to participate, the form will be marked with a "Y" (Yes). If the inmate is denied recreation due to inappropriate behavior, the form will be marked with an I (Ineligible), and note in comment section of SCDC Form 19-7A will be completed. If outdoor recreation is not afforded due to inclement weather, then the form will be marked with the letter N (No) and the inmate may exercise in his cell. The inmate will be referred to the "Physical Fitness: An In-Cell Exercise Program (Attachment A) for this purpose. An inmates decision to/not to participate is final and may not be changed at a later time. (4-4270)

9.3 Disruptive behavior while on out-of-cell recreation will result in suspension of this privilege for the remainder of that recreation period and for the next scheduled recreation period. Documentation that an inmates recreation has been suspended will be recorded on SCDC Form 19-7A, " Cell Check Log," in the " Comments" section. (NOTE: An Officer may recommend that an inmates recreation be suspended; however, a Lieutenant or higher must approve the suspension and place his/her initials next to the remarks on the form.) Disciplinary action may be taken against an inmate in these cases as well.

9.4 Each recreational area/fence will be thoroughly inspected before and after each inmate is allowed recreation. An inspection of the entire recreational area and the fences will be conducted/documentated in the Death Row Unit logbook.

9.5 Inmates will be prohibited from bringing any sheets, blankets, or pillows out of their cell. Allowed items will be determined by the Warden/Designee.

10. VISITATION:

10.1 All inmates families/visitors will be required to complete SCDC Form 19-127, "Request for Visiting Privileges." Inmates will be responsible for sending the applications to their families for completion. The completed Form 19-127 must be mailed to the Central Visitation Center at 3765-B Leeds Avenue, Charleston, South Carolina 29405, for approval. Visiting is a privilege and inmates will be expected to abide by all policies and procedures.

10.2 Death Row inmates will be allowed non-contact visitation privileges as follows:

10.2.1 All levels will be permitted to receive up to eight (8) visits per month. (NOTE: Level I inmates will have visitation held separately from other inmates on Death Row.)

10.2.2 Visitation will be held on the first and third Saturday and Sunday from 1:00 - 3:00 p.m. and 3:30 - 5:30 p.m. On the second and forth Saturday and Sunday, they will be scheduled from 10:30 - 12:30 a.m., 1:00 - 3:00 p.m., and 3:30 - 5:30 p.m. (NOTE: The Warden or designee will establish separate visiting hours for Death Row inmates on Execution Status as per Procedure 10.3, below.)

10.2.3 All inmates desiring visits will be required to submit SCDC Form 19-11, "Request to Staff Member," to the Classification Caseworker/designee assigned to the Death Row Unit by 12:00 noon each Tuesday. Inmates will be advised of the date and time of each approved visit.

10.2.4 It will be the inmates responsibility to schedule the visit and notify his visitor of the date and time of the approved visit.

10.2.5 All visits will be limited to two (2) hours.

10.2.6 Each inmate will be authorized up to four (4) visitors at a time. (4-4267)

10.3 Execution Status Visitation: Non-contact visits for inmates on execution status must be approved by the Warden or designee.

Upon placement of the inmate on Execution status at Lieber, the following individuals will be authorized to participate in non-contact and contact visits with the condemned inmate provided that each visitor submits advanced written notice and is approved by the Warden/designee. The Warden/designee will maintain a

record of all visits that are approved.

10.3.1 Immediate family members (as outlined in SCDC Policy/Procedure OP-22.09, "Inmate Visitation") may be authorized only one (1) contact visit prior to the execution with the approval of the Warden/designee. On all other visits, the immediate family members will be allowed non-contact visits. Exceptions may be made to schedule as many family members as practical to visit prior to the inmates scheduled day of execution.

10.3.2 Clergy of Record - (no more than two [2]). These visits may be contact visits with the approval of the Warden/designee. The Chief of the Pastoral Care Branch will be responsible for verifying ministers credentials.

10.3.3 Attorneys- (no more than two [2] attorneys of record in any court [or a combination of one (1) attorney and one (1) authorized paralegal] may visit the inmate.) Limitations on the number of attorneys/paralegals may be placed on visitation as stipulated in SCDC Policy/Procedure SK-22.03, "Execution Directives." Attorney of Record visits may be contact visits with the approval of the Warden/designee. Paralegal visits will be non-contact. Verification of the Attorney of Record will be provided by the Office of General Counsel.

10.3.4 Contact visits will be inside the segregated, enclosed area of the Visitation Room.

10.3.5 There will be no family visitation while in the Capital Punishment Facility (CPF) at the Broad River Correctional Institution if the inmate is transported on the day of the execution. Family visitation will be allowed at the CPF only if the inmate is transported prior to the day of execution. (See SCDC Policy/Procedure SK-22.03, "Execution Directives," for more information.) (4-4267)

11. RELIGION:

11.1 The institutional Chaplain or designated volunteer will make weekly visits to the Death Row Unit and may be called for emergencies. Individual inmate requests to see a Chaplain will receive prompt response. All religious programming will be in the cell block and all services will be conducted within the Death Row Unit of inmates at the cell door. No inmates will be allowed out of cell for religious services. Religious counseling will be provided as requested and given at the inmates cell door. Inmates assigned to Level I status will not be allowed to attend out of cell religious programming.

11.2 Ministerial/Spiritual Advisor visits for Death Row inmates (with the exception of those on Execution Status) will be conducted as scheduled by the Chaplain, with the Warden/Designee's approval. Attorney and Ministerial/Spiritual Advisor visits will not count against general visitation privileges. The inmate will forward SCDC Form 19-11, "Request to Staff Member," to the Chaplain who will schedule a time the visit will take place. (NOTE: All Ministerial/Spiritual Advisor visits will be non-contact.)

11.3 Muslim services will be conducted on Friday from 1:30 to 2:30 p.m. The number of inmates wishing a visit will have services provided to the inmate at his/her cell door during specified times. (4-4273)

12. MEALS: Death Row inmates will have access to nutritionally adequate meals. Specific dietary requirements will be met for those inmates whose medical or dental condition requires dietary management. L-Building inmate workers will carry food to the Sallyport Wing of the Death Row Unit, and food will be distributed by correctional staff.

13. CANTEEN: Death Row inmates will have access to the Canteen in accordance with their security level, as follows:

13.1 Level I:

13.1.1 Execution Status - Canteen privileges will be restricted. Inmates will be allowed to buy food, candy, and hygiene items. A limit of \$30.00 a week will be imposed.

13.1.2 Disciplinary: No Canteen privileges.

13.1.3 PHD inmates will be allowed to buy hygiene supplies ONLY.

13.1.4 Protective Custody (PC)/Mental Health Status - Canteen privileges will be restricted. These inmates will not be allowed to purchase any item which can be used as a weapon or used for self-mutilation. A limit of \$30.00 a week will be imposed. These inmates will not be allowed to buy canned food items. They can purchase paper package items and a total of three (3) cans of soft drinks at a time.

13.1.5 Security/Escape Risk- Canteen privileges will be restricted. These inmates will not be allowed to purchase any item which can be used as a weapon or an escape tool. A limit of \$15.00 per week will be imposed. These inmates will not be allowed to buy canned food items. They can purchase paper package items and a total of three (3) cans of soft drinks at a time.

13.2 Level II - Inmates in this level will be allowed to buy general purchases up to \$30.00 per week.

13.3 Level III - Inmates in this level will be allowed to buy general purchases up to \$100.00 per week.

13.4 The Canteen will be available to Death Row inmates.

14. PROPERTY:

14.1 Death Row inmates will retain personal property allowed in accordance with the Level to which they have been assigned. Unless otherwise stipulated, all property must be either state issued or purchased from the Canteen. The property of Death Row inmates who present a danger to the security of staff, the inmate, or others, or a danger of escape, may be restricted. The inmate will be required to wear a jumpsuit or recreation gear when going to and from the Recreation Field or while he is physically on the Recreation Field. (4-4261, 4-4292, 4-4293)

14.2 Level I:

Execution Status:

1 pair of tennis shoes	1 pair of clogs	1 jacket	2 jumpsuits (issued on laundry days)
one (1) pair of athletic shorts purchased from the Canteen	4 pairs of socks	4 pairs of undershorts	4 undershirts
3 sets of thermals	3 towels	3 washcloths	1 mesh bag
2 sheets	1 pillow case	1 blanket	1 tumbler (plastic)
1 8 quart ice chest	1 13" television (larger to grandfathered inmates in system prior to 1983)	1 radio and/or radio cassette (Walkman type)	1 headset
1 electric shaver	1 watch	1 ring	1 necklace (religious only must be approved by the Warden)
1 deck of playing cards	pictures (up to 8"x10") - 10 loose or number that can fit into two (2) photo album(s)	writing/legal materials (amount that can be placed in a box no larger than 15 "x 12 "x 10 ")	5 personal books/magazines (including Bible/Koran, and 2 photo album(s) (4-4269)
1 comb	toothbrush/toothpaste	soap/three in one cleanser	

Disciplinary:

1 pair of tennis shoes	1 pair of clogs	1 jacket	1 jumpsuit (issued on laundry days)
2 pairs of socks	2 pairs of undershorts	2 undershirts	1 set of thermals
1 towel	1 washcloth	2 sheets	1 pillow case

1 blanket	1 mesh bag	1 typewriter (if the inmate owns one)	1 watch
1 ring	1 necklace (religious only must be approved by the Warden)	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10")	soap/three in one cleanser
1 comb	toothbrush/toothpaste	shaving supplies (razor retrieved after shower)	1 Bible/Koran (4-4269)

Protective Custody:

1 pair of tennis shoes	1 pair of clogs	1 toboggan hat	1 doo-rag
1 jacket	2 jumpsuits (issued on laundry days)	3 sets of thermals	6 white handkerchiefs
one (1) pair of athletic shorts	7 pairs of socks	7 pairs of undershorts	7 undershirts
2 sheets	1 pillow case	1 blanket	3 towels
3 washcloths	1 mesh bag	1 tumbler (plastic)	2 cups
1 headset	2 single outlet dropcords	1 13" television (larger grandfathered to inmates in system prior to 1983)	1 radio and/or radio cassette (Walkman type)
1 electric shaver	1 8 quart ice chest	1 typewriter	1 coffee pot
1 ring	1 watch	1 necklace (religious only must be approved by the Warden)	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10")
1 deck of playing cards	pictures (up to 8"x10") - 10 loose or number that can fit into two (2) photo albums	1 pair of sunglasses	1 lamp

toothbrush/toothpaste	shaving supplies (razor retrieved after shower)	soap/three in one cleanser	1 comb
1 brush (plastic or rubber)	10 personal books/magazines (including Bible/Koran and two (2) photo albums (4-4269)		

Security/Escape Risk:

1 pair of tennis shoes	1 pair of clogs	1 toboggan hat	1 doo-rag
1 jacket if needed	1 jumpsuits(issued on laundry days)	one (1) pair of athletic shorts	3 pairs of socks
2 sets of thermals	3 pairs of undershorts	3 undershirts	1 mesh bag
2 sheets	1 pillow case	1 blanket	3 towels
3 washcloths	1 headset	1 coffee pot	1 electric shaver
1 single outlet dropcord	1 8 quart ice chest	1 13" television (larger grandfathered to inmates in system prior to 1983)	1 radio and/or radio cassette (Walkman type)
1 typewriter	1 watch	1 ring	1 necklace (religious only must be approved by the Warden)
1 deck of playing cards	writing/legal materials (amount that can be placed in a box no larger than 15"x12 "x10")	pictures (up to 8"x10") - 10 loose or number that can fit in one (1) photo album	1 lamp
soap/three in one cleanser	1 comb	1 brush (plastic or rubber)	toothbrush/toothpaste

shaving supplies	5 personal books/magazines (including Bible/Koran and two (2) photo albums (4-4269)		
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14.3 Level II:

1 pair of tennis shoes	1 pair of clogs	1 jacket	1 jumpsuit (issued on laundry days)
4 pairs of socks	4 pairs of undershorts	4undershirts	1 set of thermals
2 white handkerchiefs	1 cup (plastic)	1 towel	1 washcloth
2 sheets	1 pillow case	1 blanket	1 mesh bag
1 typewriter (if the inmate owns one)	1 watch	1 ring	1 necklace (religious only must be approved by the Warden)
writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10")	pictures (up to 8"x10")-10 loose or number that can fit into two (2) photo albums	hygiene supplies	toothbrush/toothpaste
soap/three in one cleanser	shaving supplies	1 comb	4 personal books/magazines (to include Bible/Koran and two (2) photo albums (4-4269)

14.4 Level III:

1 pair of tennis shoes	1 pair of clogs	1 toboggan hat	1 doo-rag
1 jacket	2 jumpsuits (issued on laundry days)	one (1) pair of athletic shorts	3 sets of thermals
6 white handkerchiefs	7 pairs of socks	7 pairs of undershorts	7 undershirts

3 towels	3 washcloths	2 sheets	1 pillow case
1 blanket	1 mesh bag	1 tumbler (plastic)	2 cups
2 single outlet dropcords	1 8 quart ice chest	1 13" television (larger grandfathered to inmates in system prior to 1983)	1 radio and/or radio cassette (Walkman type)
1 electric shaver	1 typewriter	1 coffee pot	1 watch
1 ring	1 headset	1 necklace (religious only must be approved by the Warden)	writing/legal materials (amount that can be placed in a box no larger than 15 "x12 "x10")
1 deck of playing cards	pictures (up to 8"x10") - (10 loose or amount that can fit in two (2)photo album(s)	10 personal books/magazines (including Bible/Koran and two(2) photo album(s) (4-4269)	toothbrush/toothpaste
soap/three in one cleanser	shaving supplies	1 comb	1 brush (plastic or rubber)

14.5 Inmates will not be allowed to have metal fasteners of any type, i.e., paper clips, etc. (NOTE: SCDC Form 20-18, "Personal Equipment Order Form," should be used by inmates to request the above items from the Canteen and to authorize deductions from their E. H. Cooper Trust Fund Account.)

14.5 Property items NOT allowed to be in the inmates possession will be inventoried and disposed of pursuant to SCDC Policy/Procedure OP-22.03, "Authorized Inmate Property and Disposition of Unauthorized Property."

14.6 If the Death Row inmate requests access to legal proceedings that have not been transcribed, a staff member (Major or above) will contact the Office of the General Counsel. An attorney in the Office of the General Counsel will coordinate with appropriate staff members, and the inmate's attorney (if applicable) to make an exception such that the inmate may listen to or view such proceedings, if the proceedings have not been or cannot be transcribed. (NOTE: Excess legal material may be sent home at the inmates expense or the inmate may request to maintain these materials in the property control room through his/her respective Warden using SCDC Form 19-11, "Request to Staff Member." No legal materials will be disposed of by SCDC staff.)

15. WINDOW CLOSURE:

15.1 Level I: Window closure will be imposed.

15.2 Level II: Window closure will be imposed from 2400 hours until 0530 hours.

15.3 Level III: Window closure will be imposed from 2400 hours until 0530 hours.

16. SHOWERING: Death Row inmates will be provided the opportunity to take a shower five (5) days per week, to exclude weekends and holidays, which will be documented on SCDC Form 19-7A, Cell Check Log . If the inmate receives regular visits during the weekend, he will also be allowed to shower prior to the visit. Death Row inmates will be furnished and expected to wear clean clothes and they must adhere to the grooming standards as outlined in SCDC Policy/Procedure OP-22.13, "Inmate Grooming Standards." Inmates will not sign up for visits just to get a shower (or they could be subject to disciplinary action). (4-4262)

17. EARNED WORK CREDITS (EWCs)/INCENTIVE PAY/EARNED EDUCATIONAL CREDITS (EECs): Inmates on Death Row will not be eligible to earn EWCs, Inmate Incentive Pay, or EECs.

18. CLASSIFICATION SERVICES: The Classification Caseworker/Program Assistant assigned to Death Row will be responsible for making at least monthly visits to inmates assigned to Death Row in order to talk with inmates and respond to questions they may have regarding visits or other related questions. (4-4258)

19. LAUNDRY SERVICES: Inmates will be provided laundry services at least two (2) times per week. (4-4263)

20. RESTRAINTS: Inmates in Levels I, II, and III will be restrained with leg irons and security cuffs/belly chains whenever exiting the cell block. A Sergeant or above will escort an inmate when he is moved from the cell block. Prior to leaving or upon entering U-1 (Death Row), all inmates will be strip searched. Level I inmates will be escorted by one (1) supervisor and one (1) officer, and will be in appropriate restraints at all times. Inmates in Levels II and III will be escorted by at least one (1) supervisor and will be in appropriate restraints while under escort.

21. CORRESPONDENCE: Death Row inmates will be afforded correspondence privileges in accordance with SCDC Policy/Procedure PS-10.08, "Inmate Correspondence Privileges." Inmates will be permitted to receive personal magazines/books in accordance with this policy/procedure; however, the amount authorized will be consistent with the authorized amounts indicated in Procedure 14., above. (4-4266)

22. IN-CELL PROGRAMS:

22.1 Death Row inmates may have access to in-cell programs which are consistent with security requirements.

22.2 Death Row inmates may enroll in cell study courses furnished and supervised by the Division of Educational Services. Inmates will be provided academic support in reading and math. This is contingent upon an inmates acceptable conduct and earnestness. Tutoring will be given by instructors going from cell to

cell, issuing and grading assignments. Inmates will be allowed to participate in correspondence courses at their own expense. (4-4273)

23. TELEPHONE PRIVILEGES/CALLS: To use the telephone, each inmate must request a pin number using SCDC Form 2-2, "Inmate Telephone Privilege Request." This number will allow an inmate to make calls to his family/friends. SCDC Form 2-2 will be given to each inmate during Inmate Orientation. If an inmate experiences problems, he must send a completed SCDC Form 2-6, "Inmate Telephone Trouble Form," to the inmate telephone coordinator at Lieber. The following restrictions will apply:

23.1 Level I:

23.1.1 Execution Status: Telephone calls will not be restricted.

23.1.2 Disciplinary: Telephone calls will be restricted to legal calls only. Calls must be approved by the Captain or designee of the Death Row Unit.

23.1.3 Protective Custody: Telephone calls will not be restricted.

23.1.4 Security Risk/Escape: Telephone calls may be restricted.

23.2 Level II: Telephone calls will not be restricted.

23.3 Level III: Telephone calls will not be restricted.

23.4 Telephone calls will be limited to 15 minutes. They will be automatically disconnected one (1) minute after the 14 minute warning beep.

23.5 All telephone calls will be made from the roll-around phone and given to the inmate at his request. The Deputy Warden/Designee will have authorization to allow an additional telephone call should extenuating circumstances arise. All telephone calls will be collect.

23.6 Inmates will be allowed to place telephone calls to their legal counsel if established counsel will accept their calls. For purposes of these procedures, "legal counsel" may consist of the inmates attorney of record and/or paralegal(s). Calls between an inmate and their attorney will not be monitored. Any deviation of this procedure will be documented in the inmates record. In the event that an attorney calls the institution and requests an attorney telephone call with a Death Row inmate, the telephone call will be arranged as directed by the SCDC General Counsel's office. (4-4271)

24. HYGIENE SUPPLIES:

24.1 New inmates will be provided an initial 30 day supply of hygiene items and sufficient writing materials (pencil and/or pen, envelopes, paper).

24.2 Inmates having money in their E. H. Cooper Trust Fund Account will be allowed to buy hygiene items from the Canteen.

24.3 On a monthly basis, indigent inmates will receive a package containing a 30 day supply of hygiene items. (4-4261)

24.4 Inmates will be required to maintain compliance with SCDC policies/procedures regarding inmate grooming and attire standards. Death Row inmates will be permitted to shave a minimum of three (3) times per week. (NOTE: Razor restrictions will be imposed by the Death Row Unit Supervisor if security and/or mental health concerns should arise.) (4-4261)

25. MEDICAL: All inmates assigned to the Death Row Unit will receive health care, sick call, and/or medication as needed in accordance with Agency Health Services policies and procedures. At a minimum, qualified medical personnel will be required to visit the Death Row Unit at least daily to ensure the health and well being of inmates. (4-4258, 4-4261)

26. LIBRARY/LAW LIBRARY ACCESS:

26.1 Library: Inmates will have access to the law computer and library books in accordance with SCDC policies/procedures related to library services. The maximum number of books that an inmate may check out at one (1) time is three (3). These books are not included in the total number of authorized books/magazines outlined in Procedure 14., above. (NOTE: Inmates in disciplinary status will not be authorized to check out library books.) (4-4269)

26.2 Law Library: Inmates on Death Row may obtain law materials in accordance with SCDC Policy/Procedure GA-01.03, "Inmate Access to the Courts." Law books will not be counted against the inmates total number of authorized books. The law computer is also available. (4-4268)

27. MANAGEMENT AND SECURITY MEASURES PROCEDURES:

27.1 The following are guidelines related to the management of the Death Row Unit in the Special Management Unit:

27.1.1 Employee assignment in the Death Row Unit will comply with SCDC staffing patterns which specify the number of officers and supervisors to be placed in the Death Row Unit.

27.1.2 A sufficient number of unit staff will be deployed so that the normal eight (8) hour or 12-hour shift can be maintained.

27.2 The Warden will take all necessary steps to assure that the safety and security of inmates and staff in the Death Row Unit are maximized.

27.2.1 Written special orders specific to inmate movement within each wing in the Death Row Unit will be attached to Agency post orders. The specifics outlined in these post orders and special orders will be followed at all times.

27.2.2 Prior to and after each use, the shower areas, rock area, and inside/outside recreation areas will be thoroughly searched.

27.2.3 Inmates will be thoroughly strip-searched before and strip-searched after recreation and prior to leaving and returning to the assigned cellblock.

27.2.4 Frequent, thorough searches of the cells, cell runs, shower areas, and other locations within the Death Row Unit will be conducted. Each cell will be thoroughly searched prior to assigning an inmate to the cell.

27.3 A Death Row inmate may be temporarily placed in a designated cell of the Death Row Unit if he is charged with, or suspected of, a disciplinary violation by the Warden, the Associate Warden, or an approved designee for up to seven (7) days if the inmate falls into one of the following categories:

27.3.1 the inmate is a current escape risk;

27.3.2 the inmate's presence would cause a threat to the safety, security, and/or order of the institution; or

27.3.3 it is necessary to maintain the integrity of an investigation, i.e., to preserve the integrity of information either in the inmate's possession or another inmate's possession.

By the end of seven (7) days, the ICC will determine the appropriate level of the inmate.

28. DEATH ROW SECURITY STAFF DUTIES:

28.1 Security Supervision:

28.1.1 Correctional officers assigned to the Death Row Unit will be required to conduct rounds and to personally observe inmates at least every 30 minutes on an irregular, unannounced schedule. Rounds will be recorded in the Death Row Unit log book. (4-4257)

28.1.2 At a minimum, the Captain and Deputy Warden of the Death Row Unit will be required to make daily visits and rounds of the Death Row Unit to ensure the health and well-being of inmates assigned to the same. (4-4258)

28.1.3 The officers assigned to the Death Row Unit will be responsible for recording in the Death Row Unit permanent log book all routine and unusual events not documented on SCDC forms referenced in this policy/procedure. The log will also be used to record all visits by officials who inspect the unit or provide other program services. (4-4258, 4-4260)

28.1.4 Showers - Inmates will have the opportunity to shower five (5) times per week and to remain clean, to exclude weekends and holidays.

28.1.5 Recreation - Recreation will be conducted as noted in section 9. above, and will be documented on SCDC Form 19-7A, "Cell Check Log."

28.2 Death Row Escort Procedures: Death Row inmates will be strip-searched and placed in restraints before exiting the cell block. Death Row inmates will be escorted according to Procedure 21. above, and all applicable post orders.

28.3 Death Row Housing Procedures:

28.3.1 Each wing of the Death Row Unit will develop and implement procedures to ensure that categories and levels of segregation can be identified by the cell number and/or row of the segregation housing area. Inmates in Level I will be housed in a separate physical location. Inmates in Level II and III may be housed in the same physical location; however, an empty cell will be maintained between the two (2) levels.

- Inmates on Death Row should be assigned to housing areas that are specifically designated for their custody requirements.
- Housing recommendations of treatment professionals, as noted in each inmates Health Summary for Classification form, will be followed by Classification Committees and by both Classification and Security staff.

28.3.2 Inmates on Death Row will be single-celled. Inmates will be expected to maintain cleanliness and sanitation in accordance with institutional health standards. Inspections of living areas will be conducted at least weekly by designated employees/inspectors of the institution. Inmates will not be authorized to keep cleaning equipment and supplies in their cells.

28.3.3 Grooming- Inmates in all levels will be afforded a haircut and will be expected to maintain rigid compliance with SCDC Policy/Procedure OP-22.13, "Inmate Grooming Standards." Inmates who do not comply with the Agency grooming standards will be charged in accordance with SCDC Policy/Procedure OP-22.14, "Inmate Disciplinary System," and, if found guilty, will be placed in Level I - Disciplinary Status. (NOTE: The same review process outlined in Procedure 7.3, above, will apply.) Inmates will not be allowed to grow or style their hair in any manner other than that authorized in OP-22.13. Inmates may be given

forced haircuts or shaves if they refuse to comply with the haircut and shave policy. Forced haircuts or shaves are considered a use of force and must be videotaped pursuant to SCDC Policy/Procedure OP-22.01, "Use of Force."

28.3.4 Cell Search: Cells will be searched on a regular basis and/or at least once a week. When an inmate is moved in or out of a cell, an officer will conduct a thorough cell search. This search will include a security check of the bars, ventilators, lights, switches, fixtures, toilet and sink, mattress, blanket, and bedding. In the event that damage has been caused by the inmate, he will be charged in accordance with SCDC Policy/Procedure OP-22.14, "Inmate Disciplinary System."

28.3.5 When an inmate is initially assigned to Death Row status, he will be placed on 15 minute cell checks for a minimum of seven (7) days. At the end of seven (7) days, the inmate will be reviewed by a Mental Health Coordinator (Clinical Correctional Counselor) in order to determine his appropriate status. (4-4257)

28.3.6 All sidewalks, hallways, offices, etc., will be checked/secured by a Sergeant or above before a Death Row inmate is moved into or through these areas. The supervisor checking those areas will notify the Death Row Unit Control Room when the areas are clear and secure. At no time will Death Row inmates move until the Control Room has been notified and the area is clear and secure. The Death Row Unit Control Room Officer will then notify the L Control Room and U-2 (Security Detention) Control Room that a Death Row inmate is being moved, and all doors will be secured until the Death Row Unit Control Room Officer is further notified.

28.3.7 No one will enter the Death Row Unit except personnel assigned to this area, without a specific, legitimate purpose. Control Room employees will never open doors or allow unauthorized personnel to enter unless approved by the Shift Captain/designee or above.

28.3.8 All personnel entering the Death Row Unit will surrender all items to the Control Room Officer prior to entering the wing, i.e., keys, any medications, etc., and each individual will be frisk-searched. All personnel entering will be logged in/out by name, date, time, etc., each time that they enter and leave the Death Row Unit.

28.3.9 Inmates will be strip-searched in the shakedown room, Cell 142, prior to leaving the cell block and will be strip searched prior to entering the cell block. They may also be strip searched any other time deemed necessary.

28.3.10 A Sergeant or above will be on the cell block of the Death Row Unit at all times. If the assigned Sergeant must leave, s/he will contact the Shift Captain/SMU Lieutenant. The Shift Captain or SMU Lieutenant will assume the Sergeants duties in the Death Row Unit prior to the sergeant departing the area.

29. DAMAGE, DESTRUCTION, AND/OR MISUSE OF PROPERTY:

29.1 Inmates housed on Death Row who damage, destroy, or misuse property may lose privileges and/or property items, and/or be decreased in their Level as deemed appropriate by the ICC according to the following procedures: (NOTE: This action can be taken in addition to formal disciplinary action being taken against the inmate pursuant to SCDC Policy/Procedure OP-22.14, "Inmate Disciplinary System." In addition, inmates may be required to make restitution for the damaged/destroyed item pursuant to SCDC Policy/Procedure ADM-15.01, "Repayment of Costs by Inmates.")

29.1.1 Anytime an inmate is found to have damaged, destroyed, or misused property, the unit supervisor may confiscate the property and will document such confiscation on SCDC Form 19-20, "Special Management Confiscation Report & Review."

29.1.2 Within three (3) working days following the confiscation of the property item, the unit supervisor will be required to make a determination as to the continued confiscation of the property item. The unit supervisor has the authority to continue confiscation of the property item for an additional period not to exceed ten (10) days. (This 10-day period will be in addition to the three (3) days, excluding weekends and holidays following the initial confiscation of the item.) Should an item be recommended to be returned to the inmate, the destroyed item will be repaired or replaced with like items and the inmate may be held liable for repair and/or replacement costs pursuant to SCDC Policy/Procedure OP-22.14, "Inmate Disciplinary System," or SCDC Policy/Procedure ADM-15.01, "Repayment of Costs by Inmates."

29.1.3 The second occurrence of property damage, destruction, or misuse of property by the inmate may result in the confiscation of the item from the inmate for a period not to exceed 30 days. The unit supervisor and Major of Security will be responsible for reviewing such incidents and for making a determination as to duration of the confiscation. Recommendations will be documented on SCDC Form 19-20. The Major of Security will be required to review the loss of the item on a weekly basis (every seven (7) days) and may recommend that the item be returned to the inmate at any time. SCDC Form 19-20 will be used to document these reviews.

29.1.4 Security staff will be responsible for documenting any confiscated items and the duration of the confiscation in the unit log book.

29.1.5 All documented incidents of such behavior will be filed in the inmate's Institutional Record and may be used by the ICC to adjust an inmate's level assignment.

29.2 Misuse of Cups: Inmates who use cups to throw part of a meal to assault staff or other inmates will be prohibited from having cups in their cells for a period of 30 days. SCDC Form 19-20, "Special Management Confiscation Report/Review," will be used by security staff to document this restriction. During this time, s/he will be allowed to drink water out of the sink in his/her cell. The inmate's behavior will be reviewed after thirty (30) days by the ICC, and, if approved, the inmate may be allowed again to retain a cup in his/her cell. Reviews by the ICC will be documented on SCDC Form 19-20. All repeated occurrences of similar behavior by an inmate will be handled similarly and consistently.

29.2.1 All documented records concerning the misuse of property will be filed in the inmate's Institutional Record and may be used by the ICC to adjust an inmate to a more restrictive level assignment.

29.2.2 Inmates who use cups or other property items to throw other substances which constitute a health risk (e.g., feces, urine, etc.) or to assault staff or other inmates will be subject to the same restrictions as described in Procedure 32., below. In the event that substances thrown are verified to be bodily fluids, the inmate may also be criminally prosecuted pursuant to existing state statutes. In addition, such inmates may also be subject to control by utilization of the restraint chair. Refer to SCDC policies and procedures related to the use of force for additional information. (4-4265)

30. SUICIDE BLANKETRESTRICTION:

30.1 An inmate will be placed on suicide blanket restriction during processing (which usually lasts 7-14 days after his arrival in the Death Row Unit). He may also be placed on this restriction if he has demonstrated that he is a threat to the safety of the institution, himself, or other inmates. If the Mental Health Coordinator (MHC) places the inmate on crisis intervention, the inmate must be monitored every 15 minutes using SCDC Form 19-7B, Fifteen Minute Observation Log.

30.2 When it has been determined that a Death Row inmate has thrown substances or objects, has destroyed his state-issued clothing, or has utilized his clothing as a weapon, he will be subject to disciplinary action in accordance with SCDC Policy/Procedure OP-22.14, "Inmate Disciplinary System," and may be reviewed for placement on suicide blanketrestriction.

30.3 The Mental Health Coordinator (Clinical Correctional Counselor) will have the authority to place an inmate on suicide blanket restriction during in-processing. Placement of an inmate on suicide blanket restriction will be documented by the Captain/designee. The Mental Health Coordinator (Clinical Correctional Counselor) will review the placement of an inmate on such restriction within 24 hours.

30.4 Suicide blanket restriction may be continued for up to 72 hours and then the restriction will be automatically discontinued if the inmate has not exhibited any of the behavior that originally caused him to be placed on suicide blanket restriction.

30.5 If the inmate continues to throw substances or objects, destroy his state-issued clothing, or utilize his clothing as a weapon, the Captain/Deputy Warden may, with proper documentation, continue the suicide blanketrestriction with review every 72 hours until such behavior ceases or the Captain/Deputy Warden deems the restriction no longer appropriate.

30.6 When considering the continuation of the suicide blanket restriction, the Captain/Deputy Warden will take into consideration health related issues pertinent to the placement of an inmate in a suicide blanket, i.e., inmates current health status, temperature, and other environmental factors that would impact the inmates health.

30.7 The inmate will be issued only one (1) clean suicide blanket daily and may be exchanged as needed. If the inmate receives a visit during the time he is being required to wear a suicide blanket, he will be issued a set of state-issued clothing to wear during the visit. The clothing will be retrieved and the inmate will resume wearing the suicide blanket after each visit is completed.

31. ALTERNATIVE MEAL SERVICE (NUTRI-LOAF MEAL):

31.1 The nutri-loaf meal may be imposed upon the inmate for the following violations:

- Refusing to return food tray, cup, or utensils;
- Throwing food, food tray, cup, or utensils;
- Collecting or throwing human waste or any unidentified substances by way of tray, cup, or utensils;
- Refusing to return uneaten food;
- Interfering with the feeding of any meal; or
- Collecting, smearing, throwing, or otherwise exposing an employee to feces, urine, blood, or any other bodily fluid in any manner.

31.2 The use of nutri-loaf must be approved in writing by the Warden (or an approved designee at the level of Major or above) and by a qualified medical professional. The qualified medical professional will be required to review any medical condition that may preclude the inmate from being placed on nutri-loaf. Section I of SCDC Form 19-85, "Alternative Meal Service," will be provided to the inmate for this purpose.

31.3 Each inmate approved to be placed on nutri-loaf must be provided with written notification of the same. Section II of SCDC Form 19-85, "Alternative Meal Service," will be provided to the inmate for this purpose.

31.4 The use of nutri-loaf must be reviewed every 48 hours by the Major or other higher authority and by a qualified medical professional. The use of nutri-loaf cannot exceed seven (7) days. Section III of SCDC Form 19-85, "Alternative Meal Service," will be used to document these reviews. A copy of this form will be maintained in the inmates institutional record.

31.5 If the inmate engages in any of the behavior described above after being restored to regular meals, he may be returned to the nutri-loaf meal for a period not exceeding seven (7) additional days. This additional period will begin at the time of the subsequent offense.

31.6 If an inmate continues to commit any of the violations described above while he is being provided nutri-loaf meals, the inmate may be continued on nutri-loaf for an additional seven (7) days, provided that he is given regular meals for a period of 24 hours prior to the start of his next nutri-loaf period. The same procedures described above will be followed to return the inmate to a nutri-loaf meal. The 24 hour break will also be documented in the Death Row Unit log book. (4-4264)

32. INMATE GRIEVANCE PROCEDURES: Death Row inmates may file grievances in accordance with SCDC Policy/Procedure GA-01.12, "Inmate Grievance System." (4-4284)

33. STAFF TRAINING AND ASSIGNMENT: Only certified, highly motivated, and dedicated uniformed personnel will be selected to work within the Death Row Unit. The selected uniformed personnel will be trained in the essential skills needed to work in and cope with Death Row inmates. Uniformed staff will be evaluated on a daily basis by their supervisor as to their effectiveness in the Unit. Uniformed staff who are determined to be unable to handle assignment in the Death Row Unit will be removed from the Unit and assigned to an appropriate post in another area of the facility. Officers will be responsible for the security, safety, and cleanliness of the Death Row Unit. (4-4259)

34. DEFINITIONS:

Alternative Meal (Nutri-loaf) refers to a food product (in the form of a loaf) which provides and meets requisite dietary needs and requirements and is provided to inmates in place of regular meals under limited circumstances approved by the Warden and qualified medical officials. (4-4264)

Death Row Segregation refers to a security level system under which Death Row inmates may be assigned to Level I, II, or III. Inmates assigned to Levels I and II either require more intensive supervision due to poor institutional behavior or are those inmates assigned to execution status.

Execution Status refers to the status a Death Row inmate is placed on (at Lieber C.I.) from the time the execution order is received until he is transported to the Capital Punishment Facility (CPF) at Broad River Correctional Institution.

Institutional Classification Committee (ICC) refers to the decision-making body for institutional custody decisions. It is the committee that systematically reviews the behavior, programming needs, progress, and Level of inmates assigned to Death Row. The ICC will be responsible for reviewing the inmate at scheduled intervals and for determining an inmate's movement from one (1) Level to another. The ICC will be chaired by one (1) of the following: Warden, Associate Warden, or Major.

Meaningful Program refers to organized supervised programs, including but not limited to, recreation and educational courses.

Qualified Medical Professional refers to a physician, physician's assistant, LPN, RN, nurse practitioner, or mental health care professional.

SIGNATURE ON FILE

—
s/Bryan P. Stirling, Director

ORIGINAL SIGNED COPY MAINTAINED IN THE OFFICE OF POLICY DEVELOPMENT.

ATTACHMENT A

PHYSICAL FITNESS:

AN IN-CELL EXERCISE PROGRAM:

The South Carolina Department of Corrections has endorsed the following exercise program for those inmates who are, for whatever reason, required to remain in their cells most of the time (i.e., institutional lockdown, Special Management Unit, Maximum Security Unit, Death Row, etc.). The program is called Physical Fitness: An In-Cell Exercise Program for Inmates. In this program, the benefits of physical fitness are discussed, along with setting a schedule and staying on it, and, most importantly, the listing and explanation of those exercises that are appropriate for both men and women. This Attachment should be disseminated to inmates whenever they are confined to their cells or housing areas and are not authorized recreation.

INTRODUCTION:

Physical fitness involves a sound program of exercise. Exercise is important in improving respiration, circulation, digestion, and many other bodily systems. A good exercise program is a type of preventive medicine against breakdown of the human machine. Included are a few basic exercises for men and women that can be done in living areas and can be effective for personal fitness.

Common sense tells us that those with medical problems or physical disabilities should have a consultation with a physician before attempting any physical exercise program. If you have not exercised for a long time, take it easy. Too active an exercise period can lead to physical set-backs. Start slowly and gradually increase the number of exercises.

Set a schedule and stick to it. Do not be rushed. Never exercise directly after meals. The best time to exercise might be in the morning when you first get up or an hour or so before you go to bed at night.

It is suggested that you gradually build up your exercise period. Do not try to do too much at first. When you first start your program, repeat each exercise only two (2) times, increasing by one (1) repetition every two (2) or three (3) days, until you reach your desired number. Space your sessions with deep breathing pauses of a few seconds. If there is not a clock available, time yourself by counting "one thousand one, one

thousand two," etc., to the number of seconds desired.

It is recommended that each participant employ the three phases of physical fitness training (warm-up, conditioning, and cool down) when using this In-Cell Exercise Program:

PHYSICAL FITNESS WARM-UP AND COOL DOWN EXERCISES:

A. Start with warming the body up by slowly walking/jogging in place for about one (1) minute, then move to rotational exercises.

1. NECK ROTATION: Rotate clockwise three (3) times, repeat in opposite direction three (3) times. (2 sets, 5 seconds each direction.)

2. ARMS AND SHOULDERS ROTATION: Rotate the shoulders forward in a large circular motion, repeat in opposite direction. (2 sets, 5 seconds each direction.)

3. HIP ROTATION: Rotate the hips clockwise while keeping the back straight, repeat in opposite direction. (2 sets, 5 seconds each direction.)

4. KNEE AND ANKLE ROTATION: With hands above the knees, rotate the legs clockwise, repeat in opposite direction. (2 sets, 5 seconds each direction.)

B. Then move to static stretches starting at the top of the body and working your way to the bottom. Hold each stretch a minimum of 20-30 seconds. In cold climate, hold stretches longer.

1. OVERHEAD ARM PULL STRETCH: (2 sets, 10 seconds each direction.)

2. CHEST STRETCH: (3 sets, 10 seconds each direction.)

3. UPPER BACK STRETCH: (3 sets, 10 seconds each direction.)

4. ABDOMINAL STRETCH: (3 sets, 10 seconds each direction.)

5. THIGH STRETCH: (2 sets, 10 seconds each direction.)

6. HAMSTRING STRETCH (STANDING): (2 sets, 20 seconds each direction.)

7. GROIN STRETCH (STANDING, SEATED, OR SEATED STRADDLE): (2 sets, 20 seconds each direction.)

8. CALF STRETCH: VARIATION: TOE PULL: (2 sets, 10 seconds each direction.)

C. EXERCISE OR CONDITIONING (SEE INSTRUCTIONS BELOW):

EXERCISES FOR MEN:

1. **TOE TOUCHES:** From a standing position and keeping knees straight, bend forward and touch your toes, or go as far down as possible. Do not jerk or bounce in the stretched position. Repeat this six (6) times. Now unlock your knees and bend over again, this time concentrating on a maximum stretch for the lower back muscles. Repeat this exercise six (6) times also.

2. **SIT-UPS:** This is the most basic of all stomach exercises. It is suggested that you do the partial sit-up, with hang time as follows: Lie down with legs together, knees bent so that your feet are flat on the floor. Clasp your hands behind neck and bring your shoulders and upper back off the floor slowly, sitting up as far as possible. As the sitting position is reached, bring your arms forward and stretch them out in front to their limit. Hold this sit-up position for 10 seconds, then slowly return back to original position. Repeat this exercise five (5) times.

3. **LEG LIFT:** Lying on your back, put your arms at the sides, palms down, your feet together and your legs straight. Now raise feet 18 to 24 inches, hold for five (5) seconds. Never bring your feet high enough to gain a resting position at the top of the raise. Now lower feet to within three (3) inches of the starting position. Your feet should not come to rest until the end of the exercises. Repeat this exercise five (5) times.

4. **REVERSE DIPS:** While lying on your back, place your hands on the edge of your bunk or some other secure furniture. With your elbows straight and in a vertical position, stretch your legs in front of you (heels down). Keep your body straight and hips up, lower yourself down until your hips are only a few inches above the floor by bending the elbows, then push up until arms are straight again. Repeat five (5) times.

5. **PUSH-UPS:** Lie on the floor with your legs extended straight and your stomach facing the floor. Place your hands, palms down, on the floor about shoulder width (your arms should now be bent). Extend arms to a straight position. Now bending at the elbow, lower body to a position where nose is touching the floor. Keeping legs and back straight, return to a starting position. Start with five (5) to 10 push-ups, slowly working up to 25.

6. **KNEEBENDS:** Stand with feet about eight (8) inches apart. Hold arms straight in front at shoulder level for balance. Keep upper body straight as you lower hips to the seat level of a chair or a bunk. Return to an upright position. Repeat six (6) times.

7. **SIDE BENDS:** Stand up with your left hand against your left thigh. Now bend to the left until your fingertips are just below your left knee. Return to standing position. Now switch to the right side and repeat this procedure. Repeat this exercise to left and right side five (5) times. Increase this number as you progress.

EXERCISES FOR WOMEN:

1. **LEG STRETCHING EXERCISES:** This exercise is very easy to do. While lying down with feet together, push one (1) leg down as though you are trying to lengthen it. Point your toes and feel the pull from your hips down to your heels. Hold this position for 10 seconds then relax. After a moments rest, repeat the exercise with your other leg. Repeat this exercise six (6) times on each side. If this exercise is done in the morning, it may be repeated at night if you wish. After finishing the leg stretching exercise, get up slowly, and stretch once more with the arms above the head.

2. **KNEE BENDS:** Stand with feet about eight (8) inches apart. Hold your arms straight in front at shoulder level for balance. Keep your upper body straight as you lower your hips to the seat level of a chair or a bunk. Return to an upright position. Repeat six (6) times.

3. **CHEST EXERCISES:** Stand with your arms raised to shoulder level, elbows bent, and the heel of one hand pressing against the other. Move your arms to the right. Keep facing forward. Still pressing one (1) hand against the other, move arms to the left.

4. **HIP EXERCISE:** Stand with your hands on your hips and raise your right knee. Stretch your right leg behind you. Complete your quota with your right leg, then repeat with your left leg.

5. **BACK AND HIP EXERCISE:** Stand with your legs apart and hands clasped behind your head. Bend forward, twist, and try to touch your right knee with your left elbow. Exhale as you bend down. As you straighten up, inhale. Repeat, trying to touch your left knee with your right elbows.

6. **SUPPLENESS EXERCISE:** Lie on your back, knees and arms bent, palms flat under shoulders with fingers in, feet apart. Pressing evenly with hands and feet, and moving knees forward, raise your hips, then your shoulders off the floor. In a continuous motion, raise your spine, evenly bending your shoulders and hips to a back-bend position. Avoid exaggerated bending in your lower-back region. This can be prevented by holding-in your stomach muscles in contraction.

7. **BEAUTY STRETCH EXERCISE:** Stand with your legs apart and your arms up over your head, with your fingers clasped and palms turned up. Stretch high and inhale. Keep stretching and slowly bend to the right, sliding against an imaginary wall. Exhale, stretch up again and inhale. Continue the motion, keep stretching, bend your body to the left, exhale. To loosen up every muscle of your body, bend forward and then relax a few seconds.

ISOMETRIC EXERCISES:

1. NECK EXERCISES:

A. Sitting or standing, with your fingers interlaced and your hands on your forehead, forcibly exert a forward push of your head while resisting equally hard with hands. B. Sitting or standing, with your fingers interlaced and your hands behind your head, push your head backward while exerting a forward pull with

your hands.

C. Sitting or standing, with the palm of your left hand on left side of your head, push with your left hand while resisting with your head and your neck. Reverse, using your right hand on the right side of your head.

2. ARM AND CHEST EXERCISES:

A. Standing with your feet slightly apart, flex your right elbow, close to your body with your palm up. Place your left hand over your right hand. Forcibly attempt to curl right arm upward, while giving equally strong resistance with the left hand. Repeat with your left arm.

B. Stand with your feet comfortably spaced, knees slightly bent. Clasp your hands, palms together, close to chest. Press your hands together and hold.

C. Stand with your feet slightly apart and your knees slightly bent. Grip your fingers with your arms close to your chest. Pull hard and hold.

CONCLUSION:

Although the exercises in this leaflet are designed for men or for women or as isometric, any or all might be beneficial to you. One should pick those exercises which can be accomplished without undue strain to your body, although your pulse and breathing rates should be increased when you are exercising. It is also important that you practice the steps involved in each exercise prior to trying to do the complete exercise or an exercise routine. "For your good health," remember that physical exercise is essential.